Comparison of costal cartilage and Dacron® graft in laryngotracheal reconstruction: an experimental study

Laryngotracheal rekonstrüksiyonda kosta kıkırdağıyla Dacron® greftin karşılaştırması: Deneysel çalışma

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Abstract

Objective: To evaluate the use of the Dacron® implant in laryngeal reconstruction and to discuss potential indications of this material in head and neck surgeries.

Methods: Three groups consisting of 12 Wistar albino rats in each were formed. Group 1 was the control group and anterior laryngotracheal reconstruction was performed by transplanting autologous costal cartilage sized 5×5×5 mm obtained by 6 mm longitudinal sectioning extending from cricoid cartilage to the 5th tracheal ring. Group 2: Trachea sectioning was performed in equal lengths as in Group 1, and anterior laryngotracheal reconstruction was carried out by transplanting the same sized homologous cartilage. Group 3: Trachea sectioning was performed in equal lengths as in Group 1 and anterior laryngotracheal reconstruction was carried out by Dacron® graft in the same size. The rats were sacrificed in the 12th week of the implantation, and the groups were compared in terms of their tracheal section area, partial oxygen pressure, epithelialization, neovascularization, inflammatory cell infiltration and new chondrocyte development.

Results: One experimental animal in Group 1 was lost due to pneumothorax on the second day postoperatively. In Group 3, one animal died because of development of granulation and crusting on the 8th day postoperatively. There was no statistically significant difference between the groups in terms of tracheal cross sectional area, and partial oxygen pressure. While there was no significant difference in terms of epithelial development and neovascularization between Groups 2 and 3, while Group 1 was significantly better than Groups 2 and 3. Lymphocytic infiltration is an essential parameter in graft rejection and there was a significant difference between the groups. Group 1 was better than the other two groups but it was determined that Group 3 was considerably different from Group 2. There was a significant difference between Groups 1 and 2 in terms of new chondrocyte development.

Conclusion: Autogenous costal cartilage is an ideal graft material for trachea and larynx since scores of epithelial development, neovascularization and chondrocyte development are better. Dacron® implant can be used safely in laryngeal reconstruction as stenosis, infection and rejection did not occur in Group 3 exposed to Dacron®, and epithelial development and neovascularization occurred satisfactorily in all experimental animals.

Key words: Laryngotracheal reconstruction, Dacron®, anterior laryngotracheal split.
Laryngeal and tracheal reconstructions in head and neck surgeries are sometimes challenging to surgeons and often require complex solutions to restore the functions. A variety of procedures have been employed to correct this condition. One successful method is laryngotracheal reconstruction with interpositional autologous tissues. The ideal grafting material for airway reconstruction should conform to the shape of the airway lumen and maintain structural support of the airway. A graft should have enough structural rigidity to prevent collapse of the lumen, should be resistant to infection and resorption, and should be rapidly epithelialized.

Cartilage has become the predominant material used for lumen augmentation. Reconstruction utilizing autografts may be ideal but there are some disadvantages of autograft material, such as donor site morbidity, resorption, prolonged operating time, and replacement by fibrous tissue scar. The use of homologous cartilage may reduce the morbidity associated with harvesting cartilage from a separate surgical site of the patient. Several studies have examined the use of alcohol-preserved homologous cartilage as a graft material. But homologous cartilage has its own risks including transmission of infectious agents and increased antigenic responses resulting in decreased survival of the graft.

Various alloplasts have been investigated. Alloplast materials have the following advantages: unlimited availability, lack of donor site morbidity, ease of contouring, preservation of shape and volume over time, and relative simplicity of their implantation. Many procedures have been described for laryngotracheal reconstruction using ceramic rings, hydroxyapatite, polyethylene, teflon, titanium miniplates, lal., al alcohol-preserved homologous cartilage as a graft material. But homologous cartilage has its own risks including transmission of infectious agents and increased antigenic responses resulting in decreased survival of the graft.

Materials and Methods

Thirty-six male Wistar albino rats weighing between 250 and 300 g with patent airways were used in the study. The experimental protocol was conducted in accordance with the guidelines published in the Guide for the Care and Use of Laboratory Animals (DHEW publication NIH 85-23, revised 1996, Office of Science and Health Reports, DRR/NIH, Bethesda, MD, USA) and approved by the Committee on Animal Research of the Meram School of Medicine, Selçuk University, Konya, Turkey. The study was done at the Experimental Animal Studies Laboratory of Meram School of Medicine at Selçuk University. The rats were kept in different cages under standard light and temperature conditions. The rats were randomly separated into three groups consisting of twelve rats in each group (Group 1: autograft costal cartilage group; Group 2: homograft costal cartilage; Group 3: Dacron®). Dacron® graft of 0.5 × 0.5 mm for Group 3, and costal cartilage grafts with the same size for Groups 1 and 2 were prepared. The homografts employed in Group 2 were obtained from the rats in Group 1 that were sacrificed on the 90th day.

Surgical Procedure

Before each surgical procedure the rats were treated with 50 mg/kg cefazolin IM, and anesthetized with 30 mg/kg ketamine IM, and 5 mg/kg xylocaine IM without intubation. The anterior chest and neck of each rat in Group 1 were shaved and washed with povidone-iodine solution. The site overlying the first “floating rib” was infiltrated with a mixture of 1% lidocaine and 1:100,000 epinephrine. A horizontal incision was made and dissection through the intercostal muscles was performed to expose the costochondral graft site. The costochondral graft was harvested with sharp dissection, and care was taken not to disturb the pleura to prevent pneumothorax. The graft was placed in sterile isotonic sodium chloride solution (saline), hemostasis was ensured, and the wound was closed in layers using absorbable sutures. A drain was not used.

A vertical midline cervical incision was then made over the larynx after infiltrating the incision site with 1% lidocaine and 1:100,000 epinephrine. The strap muscles were divided along the median raphe to allow exposure of the larynx, cricoid, and superior trachea. A midline incision was then made through the inferior half of the thyroid cartilage and extended through the cricoid cartilage and the first 5 tracheal rings. The costochondral graft was shaped in an elliptical fashion to allow placement and expansion of the laryngeal, cricoid, and tracheal incisions. The perichondrium was left intact along the graft surface which faced the airway lumen. Costochondral graft sized 0.5 × 0.5 mm was then attached with 8-10 sutures of 10/0 monoflament nonabsorbable filaments (Prolene™; Ethicon Endo-Surgery, Inc., Cincinnati, OH, USA) using a microsurgery set with the aid of a surgery microscope (Carl Zeiss OPMI 9HC; Carl Zeiss GmbH, Jen, Germany). Strap muscles were closed with 4/0 chromic catgut sutures.
reinforcing the graft. The skin incision was closed with 4/0 prolene sutures.

All animals recovered from anesthesia and were looked after in the ‘Experimental Animal Studies Laboratory’ of Meram School of Medicine at Selçuk University and all survived into the postoperative period.

Homografts were produced by keeping the costal cartilages obtained from the rats in Groups 1 and 2 that were sacrificed on the 90th day in 70% alcohol for two weeks. They were also used in the laryngotracheal reconstruction (LTR) of the rats in Group 2 prepared for the operation using the same procedure. Dacron® grafts were prepared as 0.5×0.5 mm patches and used in the LTR of the rats in Group 3. On the postoperative 90th day, 2 cc intracardiac blood was drawn from all rats under ketamine HCL anaesthesia and blood gas status was analyzed. Animals were sacrificed to evaluate the graft stability, and collapse, in addition histologic examination was performed using a light microscope (BH2 Olympus Photomicroscope; Olympus Corporation, Tokyo, Japan). Duration of the surgery was recorded for three groups.

**Macroscopic Examination**

After sacrification of animals, laryngotrachea of each rat was dissected and examined macroscopically to note antero-posterior diameter, lateral diameter, granulation (0 none, 1 mild, 2 moderate, 3 severe), inflammation (0 none, 1 mild, 2 moderate, 3 severe) and luminal obstruction (3 patent; 2 moderately obstructed, 1 obstructed).

**Light Microscopic Examination**

For each rat the trachea was dissected from larynx to carina and kept in formaldehyde solution. The specimens were embedded in paraffin, and 5 μm sections were placed on glass slides. Each slide was stained with hematoxylin-eosin (H&E) and Masson trichrome and examined by light microscopy. The same specialist, blinded to the group, examined all the sections.

Six parameters were investigated in the histopathologic examination. These were epithelialization, neovascularization, chondrocyte development and macrophage, lymphocytic, and neutrophilic infiltrations. In the histopathologic examination, morphologic changes were classified on a scale from 0 to 5 as negative (0), mild (1), mild to moderate (2), moderate (3), moderate to severe (4), and severe (5).

**Statistical Analysis**

The statistical analysis data were entered into a computer and evaluated with SPSS for Windows (SPSS Inc., Chicago, IL, USA) 10.0 package program. The data were expressed as mean±standard deviation. The groups were compared with one-way analysis of variance (ANOVA). Tukey HSD was used as post hoc test. Student-t test was used since chondrocyte assessment was done in both groups. When the groups were compared in terms of pre- and postoperative tracheal cross-sectional site (TCS), two-way analysis of variance was used. When results of the analysis of variance were statistically significant, ANOVA, Tukey’s HSD tests were used, and Student-t test was employed when pre- and postoperative values were compared in the dependent groups. A p value <0.005 was considered as statistically significant.

**Results**

A test subject in Group 1 died of pneumothorax on the postoperative 2nd day and another test subject in Group 3 was lost because of granulation on the postoperative 8th day. No complication like bleeding, infection, subcutaneous emphysema and immediate dyspnea was noted after surgical procedures. The skin sutures were removed 7 days after the operation. Mean operative times were 83.3±10.5 mins (Group 1), 43.3±6.15 mins (Group 2), and 36.2±6.4 mins, respectively (Group 3) (Fig. 1). Tracheal stenosis was not detected in any rat. Complication developed in one test subject in Groups 1 and 3.

**Tracheal Cross-sectional Site**

The mean values were determined as 1; 5.1±0.6, 5.3±0.5 and 5.5±0.5 in Groups 1, 2, and 3, respectively. There was no statistically significant difference between Groups 1 and 2.
(p=0.801), Groups 1 and 3 (p=0.285), and Groups 2 and 3 (p=0.620), respectively in terms of TCS values.

**Partial Oxygen Pressure**
It was established that there was a similar distribution of partial oxygen pressure (PaO₂=mmHg) values between groups. The mean values were 89.9±4.2 in Group 1, 91.8±2.6 in Group 2, and 93.4±2.9 in Group 3 without any statistically significant difference between groups (p>0.05).

**Epithelialization**
When the epithelializations of the groups were evaluated, the mean values were 4.5±0.5 in Group 1, 3.4±0.7 in Group 2, and 3.5±0.7 in Group 3. There was a statistically significant difference (p=0.01) between Groups 1 and 2, and Groups 1 and 3 (p=0.02) without any statistically significant difference between Groups 2 and 3 (p=0.989) (Fig. 2).

**Neovascularization**
When the groups were compared with each other for the development of neovascularization, the mean values were 4.3±0.6 in Group 1, 2.5±0.5 in Group 2, and 3±0.8 in Group 3. While there was no statistically significant difference between Groups 2 and 3 (p=0.174), a statistically significant difference existed between Groups 1, and 2 (p=0.000), and Group 1 and 3 (p=0.000) (Fig. 2).

**Neutrophils (10⁶/ml)**
The mean cell counts of these inflammatory cells were 1.6±0.7 (Group 1), 2.9±0.7 (Group 2), and 2.6±1.0 (Group 3). While there was not a statistically significant difference between Groups 2 and 3 (p=0.351), a statistically significant difference was found between Groups 1 and 2 (p=0.001), and Groups 1 and 3 (p=0.000) (Fig. 3).

**Macrophages (10⁶/ml)**
The mean cell counts of these inflammatory cells were 1.2±0.4 (Group 1), 3±0.7 (Group 2), and 2.4±1.1 (Group 3). While a statistically significant difference was not noted between Groups 2 and 3 (p=0.946), a statistically significant difference was detected between Groups 1 and 2 (p=0.000), and also Groups 1 and 3 (p=0.000) (Fig. 3).

**Lymphocytes (10⁶/ml)**
The mean filtration values of lymphocytes, which are considered as an important parameter especially for graft rejection were 1.4±0.7 in Group 1, 4±0.7 in Group 2, 2.5±0.7 in Group 3. Accordingly, there was a statistically significant difference between Groups 1 and 2 (p=0.000), Groups 1 and 3 (p=0.001), and Groups 2 and 3 (p=0.000) (Fig. 3).

**Chondrocytes (10⁶/ml)**
The mean values of the new chondrocyte development were 4.3±0.6 in Group 1, and 2.5±0.8 in Group 2. Accordingly, there was a statistically significant difference between Groups 1 and 2 (p=0.000) (Figs. 4, 5 and 6).
Discussion

Currently, three types of therapeutic procedures exist for subglottic stenosis: laryngotracheal resection and anastomosis, laryngoplasty without segmental resection and with or without bone or cartilage grafting, and an endoscopic procedure that includes dilatation and laser incision. One of the techniques advised for tracheal reconstruction is resection and primary anastomosis. Primary anastomosis may not be possible in some patients with relatively non-elastic tissues especially as in the case of elders, in cases with fibrosis development caused by the previous surgical procedures, and long segment tracheal stenosis affected by traumatic, oncologic or congenital pathologies.

It has been reported in the literature that the best results of grafting have been achieved by using autografts. Septal cartilage and auricular cartilage are reabsorbed sooner and there is a risk of collapse in lumen as they can not provide enough reinforcing tissues. Costal cartilage is the most popular autograft material as it is reabsorbed less and has an adequate support. However, it has serious complications such as postoperative pain, pneumothorax, hemothorax and dyspnea.

Employing rigid grafts in laryngotracheal reconstruction is extremely useful. Reconstruction with auto/homografts or prosthesis is an alternative method mostly discussed nowadays. Reconstruction utilizing autografts may be ideal but there are some disadvantages of automaterials, such as donor site morbidity, reabsorption, prolonged operating time, and replacement by fibrous tissue scar. However, in addition to them, rejection, degeneration and restenosis have prevalent serious troubles encountered in homo/heterografts.

Some authors have successfully used autologous composite nasal septal grafts, muscle-pedicle hyoid bone flaps in subglottic and tracheal reconstruction, but we believe that some alloplastic materials should be introduced to the field of laryngology in order to overcome disadvantages of autologous grafts like resorption, risk of infection or necrosis. Various articles have specified the benefits of various implants, but each material has some disadvantages like rejection and extrusion. The ideal implant to be used in upper airway reconstruction should allow epithelialization, resist infection, cause minimal scarring, be rigid and also

Fig. 4. Epithelialization and intense cell infiltration (arrows) in an animal (#3) who underwent Dacron® grafting (Photomicroscopic magnification 3.3x10 HE staining).

Fig. 5. Neovascularization of pseudostratified epithelium and the development of a new chondrocyte (arrows) in an animal (#9) which underwent autograft implantation (Photomicroscopic magnification 3.3x10 HE staining).

Fig. 6. Epithelialization, development of new chondrocytes and intense cell infiltration in an animal (#8) which underwent homograft implantation (Photomicroscopic magnification 3.3x20 HE staining).
flexible, and allow for single stage repair without stenting. To achieve these purposes, Klein et al. used polyglycolic acid/poly-L-lactic acid copolymer in laryngotracheal reconstruction of rats and noted that the material was safe while maintaining adequate strength and patency.\[15\] Mitskavich et al. used microplates in porcine model with subglottic stenosis.\[16\] They produced subglottic stenosis and reconstructed the stenotic region with anterior cricoid split and microplate distraction and stabilization. They suggested that this rigid fixation was a viable alternative to traditional methods without stenting or risks of a donor site. Hashem et al. used med-pore implant in laryngotracheoplasty in an animal model and achieved successful results in tracheal reconstruction.\[17\]

In the present study we have chosen Dacron® as our graft material because of its good tissue compatibility and widespread clinical use. Dacron® is made of pure medical-grade high-density polyethylene terephthalate with small pores interconnecting in a porous architecture. It is a highly inert synthetic material that allows vascular ingrowth and is biocompatible and stable over many years of use. The porous property of the Dacron® implant allows vascular ingrowth in the implant within 3 to 4 weeks, which provides a stable interface with the surrounding bed and decreases potential susceptibility to infection. Our goal was to address these issues with a material we believe could be as effective as other traditional materials in laryngeal reconstruction.

While there was no statistical significant difference in the partial oxygen pressure between three groups, it was lower in Group 1. Costal cartilage resection in Group 1 may have affected the partial oxygen pressure. Stridor occurred only in one experimental animal on the postoperative 2nd day which did not survive. It was determined in the autopsy that the edges of the ribs perforated pleura in the donor site leading to pneumothorax. We have demonstrated complete epithelialization in the test subjects of all three groups.

Epithelialization and neovascularization were better in Group 1 when compared with the other groups. In Group 1, macrophage, neutrophil and lymphocyte infiltration as a whole were not intense as seen in other groups. Trachea epithelium is the sole factor responsible for this phenomenon. Dys epithelialization of the trachea to be transplanted or immunosuppressive therapy has been advised to prevent rejection occurred as a result of HLA Class II antigen incompatibility.

Although fibroblast migration establishes the required ground for the epithelial growth, fibrovascular proliferation and development of inflammatory submucosal and excessive paratracheal granulation will lead to stenosis if the epithelial growth is not satisfactory.\[18\] Jacobs and Pordebarac reported that epithelialization of an autograft is fully achieved within 3 weeks.\[19\]

The surface of the graft facing the lumen epithelialized rapidly. This epithelial layer protects the cartilage graft from the infections that may come through the airway. The epithelial layer in Groups 2 and 3, where Dacron® and homografts were used, consisted mostly of globoid cells. Autograft looked like rather a mature respiratory epithelium. We did not use stent in this experimental study and in all groups, uninterrupted epithelialization occurred on the free graft surfaces. Wiatrak et al. reported that stent delayed epithelialization.\[20\]

Costal cartilage graft exposed to radiation and homograft auricular cartilage kept in alcohol for laryngotracheal reconstruction were studied in order to reduce the morbidity of the costal cartilage in the donor site. Adlington et al. investigated resorption and fibrosis values in rats during the follow-up of the homolog cartilages prepared using different methods and implanted these homolog costal cartilages (treated preoperatively with formalin, glutaraldehyde and alcohol) subcutaneously.\[21\] They did not find any difference in the degree of resorption and fibrosis between the homolog cartilages prepared using different methods. Since cosmetic outcomes of the autolog and homolog cartilages were similar, they stated that homolog cartilages could be preferred.

Keskin et al. compared autolog, and homolog auricular cartilages they prepared keeping them in alcohol in the LTR of the rats.\[22\] They established that autografts were superior in that they contained considerably higher percentage of viable cells (95%/30%) with less resorption, fibrosis and necrosis. All autografts, but only 65% of the homografts were epithelized. Both grafts were found inadequate to produce new cartilages.

Dacron® is a synthetic microporous material which has been used in cardiovascular surgery for many years. Since it has a loose textured structure, the reactive tissues around it penetrate into the implant easily, so it is fixed more firmly.\[23\] Moreover, micropores on Dacron® can accelerate the migration of epithelial cells. Thus, rapid epithelialization can be thought to occur because it does not cause granulation and stenosis.

Various reinforcing materials (spiral or circular polypropylene or steel rings) were used in order to prevent, and overcome tracheal collapse leading to death with fulminating respiratory failure. Thanks to these improved properties it was observed that Dacron® grafts provided many
ideal prosthetic conditions. In the present study, we used spiral Z-stent Dacron® graft that has been improved recently for tracheal reconstruction.

As a mainspring of tracheal reconstruction failure, the deficiency in revascularization and epithelialization of the graft is considered more important in graft rejection. It can be expected that rapidly developed prosthesis may decrease prosthesis complications considerably. An increase in the diameters of the pores will be helpful for the rapid epithelialization. Kaiser[18] reported that a 2x2 cm defect of canine cervical trachea was closed with a Dacron® patch having a porosity of 25 to 50 μm or 125 to 150 μm. He observed that the Dacron® patch with smaller pores was rejected, while the patch with larger pores was covered by connective tissues as quickly as 90 days after the operation. Shimizu et al.[25] reported an optimal pore size of fine Marlex® mesh as approximately 300 μm, for a patch graft implanted to the cervical trachea in dogs. Nelson et al.[26] worked on bioelectric polyurethane and reported that 60- to 120-μm pores were suitable for a mediastinal tracheal graft with an omental flap in dog models. Tsukada and Osada[26] compared 300 μm and 25 pores/cm2, 2700 μm and 25 pores/cm2, 2500 μm and 100 pores/cm2, and stent-reinforced prosthesis with 500 μm and 64 pores/cm2 Dacron® for ideal pore and density characteristics and achieved the best results with 500 μm pore size and 64 pores/cm2 dense stainless-steel spirals covered with a woven Dacron®. We used this stainless-steel spirals covered with Dacron® in our study, too. This stent did not obstruct the pores and led to rapid and relatively uniform tissue ingrowth.

Jacobs et al.[27] found that two-stage Dacron® implant procedure as a tracheal prosthesis was well tolerated and detected normal respiratory epithelium in the prosthesis implanted in dogs. Varied results have been reported for synthetic materials in the literature. The most common complications of synthetic grafts are the obliteration with granulation tissues, graft rejection, suture deficiency, collapse and infections. We established in our study that Dacron® tracheal prosthesis was well tolerated in the anterior graft procedure and detected ingrowth of normal respiratory epithelium.

Recurrent granulation tissues, necrosis in the suture line, infection, chronic air leak, hemorrhage and repetitive stenosis did not occur. Stridor and death occurred in only one test subject. All the rest survived 90 days and their lumen widths were similar to those in Group 1. A normal-appearing epithelium grew on these protheses which is the key to a successful reconstruction.

Rapid epithelialization can be attributed to the fact that the trachea did not undergo segmental resection and graft was applied only on the anterior wall of the trachea. We are of the opinion that this graft material is worth studying and requires new studies investigating long-term outcomes as stenosis, infection and rejection which in our study did not occur with this graft material. Although not as much as in the group where costal cartilage was employed, satisfactory (moderate) epithelialization and neovascularization developed in all test subjects and complication rates were almost identical among three groups.

While the anteroposterior diameter of the trachea decreased postoperatively in all three groups, transverse diameter of the trachea increased slightly in our study. Tracheal cross-sectional site increased considerably in all three groups postoperatively. Stenosis did not develop in any subject except one in Group 3. Autopsy of this animal revealed the formation of a granulation tissue and crust and development of respiratory failure caused by stenosis. There was no statistically significant difference between groups regarding tracheal cross-sectional site.

The airways of the rats in our study before laryngotracheal reconstruction were patent. This can be a proper model for the graft healing in cases with subglottic stenosis. In the literature, there are experimental studies on tracheal surgery in which usually rabbits, cats and dogs have been preferred. However, there are few studies on rats. This can be attributed to the fact that the diameter of rat trachea is small. Nevertheless, rat trachea is an operable material when operation microscope and microsurgery instruments are used. We believe that ethically it will be more appropriate to carry out studies with smaller animals.

Conclusion

Autogenous costal cartilage is an ideal graft material for larynx and trachea as it has minimal cell infiltration and its epithelialization, neovascularization, chondrocyte development scores are better. The most important disadvantages of this graft material are morbidity due to donor site and longer operative times. Cervical or mediastinal emphysema, local and systemic infection did not occur in any test subjects in all three groups whose life spans were equal. Rifting in the anastomosis area and microscopic suture failure did not occur. Excessive granulation tissue developed in one of the subjects in Group 3. There was no significant difference between all groups considering TCS calculated according to the measurements of intraluminal anteroposterior and transverse diameters of normal and tracheal graft segments in the subjects in all three groups. Group 1 was better in...
terms of all parameters when TCS were examined histopathologically in three groups. New chondrocyte development was observed in Group 2 that underwent homograft grafting procedures. Since any case of stenosis, infection and rejection was not detected in all groups, and epithelialization and neovascularization occurred adequately (moderate) in all subjects, we think that it is worth to investigate use of Dacron® grafts in further studies with long-term outcomes.

Conflicts of Interest: No conflicts declared.

References